



VILLAGE OF PORT JEFFERSON  
RECREATION AND PARKS  
AT THE VILLAGE CENTER

101-A EAST BROADWAY  
PORT JEFFERSON, NY 11777

(631) 802-2160



**Program:** Intermediate Yoga with Janet Metcalf

**Dates:** Mondays and Wednesdays

March 10, 15, 22, 24, 31, April 5, 7, 12, 2010

**Time:** 7 - 8:30pm

**Location:** Port Jefferson Village Center

**Notes:** Janet Metcalf is a certified Kripalu instructor. She invites students to join her and feel their minds and bodies open, relax and rejuvenate.

**Fee:** \$80/Residents \$90/Non-residents



INTERMEDIATE YOGA -METCALF

3/10 to 4.12/2010

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

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