



VILLAGE OF PORT JEFFERSON
RECREATION AND PARKS
AT THE VILLAGE CENTER

101-A EAST BROADWAY
PORT JEFFERSON, NY 11777

(631) 802-2160



Program: Intermediate Yoga with Janet Metcalf
Dates: Mondays and Wednesdays
June 17, 22, 24, 29, July 1, 6, 8, 13, 2009 (8 sessions)
Time: 7 - 8:30pm
Location: Port Jefferson Village Center
Notes: Janet Metcalf is a certified Kripalu instructor. She invites students to join her and feel their minds and bodies open, relax and rejuvenate.
Fee: \$80/Residents \$90/Non-residents



INTERMEDIATE YOGA -METCALF

6/17 to 7/13/09

Name: _____

Address: _____

Phone: _____

Email: _____

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